

DO YOU HAVE THE BOTTLE?

MESSAGE IN A BOTTLE IS A FREE, NEW
WAY TO HELP YOU IN AN EMERGENCY

If you take regular medication this
bottle could save your life!

- Simply complete the enclosed form with details of your next of kin, medical condition and doctor so that help can be obtained in an emergency.
- Store the form in the bottle and place it in your fridge or in your car's glove box.
- Apply sticker to your fridge door or glove box to notify the emergency services that you are using the scheme.

HELP US TO HELP YOU!



Sponsored by the Rotary Club of Wales



FREE BOTTLES AVAILABLE HERE